February 2018
Complete Bulletin

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Discharge Planning

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

**Improving Hospital at Home for frail older people: insights from a quality improvement project to achieve change across regional health and social care sectors.**
Pearson M. *BMC Health Services Research* 2017;:387. [Conclusion: PDSA cycles enabled stakeholders across acute and community services to be involved, promoted a process of collaborative inquiry and ownership of findings, and improved motivation to act on results and produce change. Practitioners and managers seeking to improve the delivery of complex, cross-cutting services in other areas can learn from the experience of applying Quality Improvement methods reported here.]
*Freely available online*

**Rapid response: a multiprofessional approach to hospital at home.**
Dowell S. *British Journal of Nursing* 2018;27(1):24-30. ['Hospital at home’ is not new to the 21st century but pressure from the reduction in the number of hospital beds, population growth, an ageing population and long-term conditions means such services are increasingly necessary. However, existing services do not operate 24 hours a day or provide a single multiprofessional approach. Gloucestershire’s rapid response (RR) service provides specialist, coordinated and comprehensive assessment and treatment 24 hours a day in the patient’s home.]
*Available with an NHS OpenAthens password for eligible*
Sick Note to Fit Note: one trusts project to improve usage by hospital clinicians
[Patients being misdirected to their general practice for Fit Notes is an important issue and one on which the baseline level of awareness among hospital clinicians is low. Challenges during this intervention (which included direct staff engagement, a trust-wide promotional campaign and creation of an electronic version of the document) have been in penetrating a trust of this size and getting the message across to staff. However, digitising the Fit Note can help to increase its use.]
Freely available online

Events

You may be interested in this (these) forthcoming event(s):

Fighting Stigma in Mental Health – and losing (Panel Discussion).
["1 in 4 people suffer from mental illness" is routinely quoted in anti-stigma campaigns to normalise psychiatric disorder. However, does it trivialise and add to stigma? Anthony David (Professor of Cognitive Neuropsychiatry, NIHR Senior Investigator and Vice Dean Academic Psychiatry at the IoPPN) is joined by a panel with diverse perspectives: from personal experience and charities to media and academia. With the audience's help they will explore innovative solutions to combat stigma. ]
Safra Lecture Theatre, Strand Campus  
Date: 7th March, 2018, 6:00pm - 7:00pm  
https://www.eventbrite.co.uk/e/the-kings-lectures-fighting-stigma-in-mental-health-and-losing-panel-discussion-tickets-40899696092

**SLAM clinical support workers conference.**  
[The clinical support workers conference will bring together all the support workers in the Trust to discuss a variety of different topics including functional skills, apprenticeships, Assistant Practitioner roles, career development and the workforce development strategy as well as the role of support workers in maintaining quality care. There will be presentations from senior members of the Trust as well as external agencies. There will be team games and lunch will be provided. ]  
Bishopsgate Training Centre, Bethlem Royal Hospital  
All day event on: 29th March, 2018  
https://leap.slam.nhs.uk/course/view.php?id=404  
For more information, please contact leap@slam.nhs.uk.

**Reports**

*The following report(s) may be of interest:*

**Delayed transfers of care: a quick guide.**  
The King's Fund; 2018.  
"A ‘delayed transfer of care’ occurs when a patient is ready to leave a hospital or similar care provider but is still occupying a bed. Delays can occur when patients are being discharged home or to a supported care facility, such as a residential or nursing home, or are awaiting transfer to a community hospital or hospice.")
Freely available online

**High impact change model: Managing transfers of care between hospital and home.**
Local Government Association (LGA); 2017.
[This model was developed by strategic system partners including the Local Government Association (LGA), the Association of Directors of Adult Social Services (ADASS), NHS England, the Department of Health (DH), the Emergency Care Improvement Programme (ECIP), Monitor and the Trust Development Authority (now NHSi) during 2015.]

Freely available online

**Domestic Abuse**

**Deprivation and healthy food access, cost and availability: a cross-sectional study**
[Differences were found with respect to healthy food access, cost and availability in areas of contrasting deprivation. These appeared to be related to FRO type rather than deprivation alone.]

Available with an NHS OpenAthens password for eligible users

**Survivors of Child Maltreatment and Postpartum Depression: An Integrative Review.**

[An integrative review was performed to explore the relationship between a maternal history of child maltreatment and subsequent postpartum depression (PPD) symptoms.]

*Available with an NHS OpenAthens password for eligible users*

**The association between type of out-of-home mental health treatment and juvenile justice recidivism for youth with trauma exposure.**


[We believe that this is the first study to have considered how trauma histories may mediate outcomes for young people in out-of-home placements after arrest or conviction for a criminal offence. Findings suggest that case managers and clinicians should consider the trauma histories when making decisions about the appropriate treatment setting in these circumstances.]

*Available with an NHS OpenAthens password for eligible users*

**The relationship between types of childhood victimisation and young adulthood criminality.**


[Our findings help to identify those forms of harm to children that are most likely to be associated with later criminality. Even after accounting for gender, substance misuse and psychopathology, childhood experience of violence – directly or as a witness – carries risk for adulthood criminal behaviour, so such children need targeted support and treatment.]

*Available with an NHS OpenAthens password for eligible users*

**What can be done to raise midwife’s awareness of female**
Female genital mutilation (FGM) is a safeguarding issue on which many midwives and health professionals in the UK have limited knowledge. This review synthesises the available literature and examines the resulting themes: cultural sensitivity, training, language and cultural differences, all of which can act as barriers to safeguarding women in maternity services. By understanding the effects of FGM, midwives will be better able to care for these women when they encounter them.

Available with an NHS OpenAthens password for eligible users

Books

*New book(s) from the Library and Knowledge Service. Call into your nearest library or contact me for more information.*

**An introduction to psychodynamic counselling.**
[Latest edition of this respected introduction to psychodynamic counselling. This new edition includes a new chapter on developing confidence in working with social difference and diversity, discussion of the different phases of counselling work and examination of the role of organisational settings in therapists' everyday practice.]

Available with appropriate registration or membership

**Health promotion & wellbeing in people with mental health problems.**
Bradshaw T & Mairs H. SAGE Publications. 2017. Library Shelf Location: WM 100.1 HEA.
[This practical guide for nursing students and other healthcare professionals helps them to promote and improve the health
and well-being of those with mental health problems by looking closely at disparities that people with mental health problems face in relation to their physical health. ]

Available with appropriate registration or membership

**In therapy together: family therapy as a dialogue.**
Roper P. Palgrave Macmillan. 2017. Library Shelf Location: WM 432 ROB.
[Moving away from the medically focused problem-diagnosis-treatment model of psychotherapy, this new text conceptualises family therapy as a dialogue between living, breathing people. It emphasises the mutuality and relational context that serves as the backdrop of a therapeutic encounter which practitioners will need to navigate carefully. Contains case studies, examination of key theories and concepts including the different schools of narrative-oriented therapies. ]

Available with appropriate registration or membership

**Skills in person-centred counselling and psychotherapy**
[Third edition of this classic guide to the person centred approach to counselling for students and practitioners. Fully updated, it includes numerous new exercises and case studies and new chapters on client perception and politics, prejudice, power and privilege.]

Available with appropriate registration or membership

**Understanding psychology for nursing students**
De Vries J. SAGE Publications. 2017. Library Shelf Location: WLM 100.1 DEV.
[Psychology plays a vital role in nursing. Psychology helps you to understand what your patients will be experiencing but also provide insight into your own actions and responses.]

Available with appropriate registration or membership

**Guidelines**
The following new guidance has recently been published:

**Child abuse and neglect.**
National Institute for Health and Care Excellence (NICE); 2017. [https://www.nice.org.uk/guidance/ng76](https://www.nice.org.uk/guidance/ng76)
[This guideline covers recognising and responding to abuse and neglect in children and young people aged under 18. It covers physical, sexual and emotional abuse, and neglect. The guideline aims to help anyone whose work brings them into contact with children and young people to spot signs of abuse and neglect and to know how to respond. It also supports practitioners who carry out assessments and provide early help and interventions to children, young people, parents and carers.]
*Freely available online*

**Child maltreatment: when to suspect maltreatment in under 18s.**
National Institute for Health and Care Excellence (NICE); 2017. [https://www.nice.org.uk/guidance/cg89](https://www.nice.org.uk/guidance/cg89)
[In October 2017, NICE published a guideline on child abuse and neglect. Recommendations relevant to both health and social care practitioners appear in this guideline and the child abuse and neglect guideline. Clinical features are covered in this guideline. We made minor edits to recommendations in line with NICE’s child abuse and neglect guideline. We also added a link to recommendation 1.3.6 to the NICE guideline on faltering growth and also updated information on Prader–Willi syndrome.]
*Freely available online*

**Responding to children and adolescents who have been sexually abused.**
[Aimed at helping front-line health workers, primarily from low
resource settings, in providing evidence-based, quality, trauma-informed care to survivors. They emphasize the importance of promoting safety, offering choices and respecting the wishes and autonomy of children and adolescents. They cover recommendations for post-rape care and mental health; and approaches to minimizing distress in the process of taking medical history, conducting examination and documenting findings.]
Freely available online

**Strengthening health systems to respond to women subjected to intimate partner violence or sexual violence: a manual for health managers.**
World Health Organization (WHO); 2017.
[This manual aims to strengthen and enable health systems to provide confidential, effective and women-centred services to survivors of violence. It is intended for health managers at all levels of the health system and supports the implementation of the global plan of action on violence.]
Freely available online

**Reports**

*The following report(s) may be of interest:*

**Adding life to years and years to life.**
Sheffield City Council Director of Public Health; 2017.
[The 2017 report considers the way in which adverse childhood experiences; mental health and wellbeing; and multiple morbidity impact on life expectancy and healthy life expectancy. The report concludes by making three recommendations for further research on these topics over the
next twelve months.]
Freely available online

**Childline annual review 2016/17: Not alone anymore.**
[This report from the NSPCC explores what children and young people are telling Childline during counselling sessions. It looks at who is contacting Childline, why, when and how. It focuses on 3 key areas: anxiety; suicidal thoughts and feelings; what children who are d/Deaf, disabled or have a health condition are talking to Childline about. It also highlights strategies that young people tell Childline they find helpful when coping with challenges.]
Freely available online

**Domestic abuse in England and Wales: year ending March 2017.**
Office for National Statistics (ONS); 2017.
https://www.ons.gov.uk/releases/domesticabuseinenglandandwalesyearendingmarch2017
[An estimated 1.9 million adults aged 16 to 59 years experienced domestic abuse in the last year, according to the year ending March 2017 Crime Survey for England and Wales (1.2 million women, 713,000 men). The police recorded 1.1 million domestic abuse-related incidents and crimes in the year ending March 2017 and of these, 43% were recorded as domestic abuse-related crimes; domestic abuse-related crimes recorded by the police accounted for 32% of violent crimes.]
Freely available online

**Female Genital Mutilation (FGM) - April 2017 to June 2017, Experimental Statistics Report.**
NHS Digital; 2017. 
http://digital.nhs.uk/catalogue/PUB30073
[The Female Genital Mutilation (FGM) Enhanced Dataset (SCC1 2026) is a repository for individual level data collected by healthcare providers in England, including acute hospital providers, mental health providers and GP practices.]
 Freely available online

**Kinship care: state of the nation 2017 survey.**
Grandparents Plus; 2017. 
[This survey shines a spotlight on the challenges faced by kinship carers – grandparents and other family members who’ve taken on the care of children who aren’t able to live with their parents. The survey is based on a survey completed by over 650 kinship carers. This shows that despite many carers stepping in to care for children who would have otherwise gone into local authority care, only one in ten feel they’re getting the support they need.]
 Freely available online

**People who were abused as children are more likely to be abused as an adult.**
Office for National Statistics (ONS); 2017. 
https://visual.ons.gov.uk/people-who-were-abused-as-children-are-more-likely-to-be-abused-as-an-adult/
[The Crime Survey of England and Wales (year ending March 2016) shows a higher proportion of survivors of child abuse (psychological, physical, sexual assault or who witnessed domestic abuse) went on to experience abuse in adulthood compared with those who suffered no childhood abuse. ]
 Freely available online

**Public health for paediatricians: engaging young people from marginalised groups.**
BMJ; 2017.
http://ep.bmj.com/content/early/2017/08/10/archdischild-2016-312065.full

[This article explores how stigma affects young people’s access to services and how health professionals can improve their practice and support for marginalised young people to achieve the best possible health outcomes. Working in partnership with voluntary and community sector organisations is important. In addition, improvements can be made by promoting better communication with young people and providing extra support to help them follow treatment plans.]

Available with an NHS OpenAthens password

**RCN Position Statement on Domestic Abuse.**
Royal College of Nursing (RCN); 2017.
https://www.rcn.org.uk/professional-development/publications/pub-006587

[This statement sets out the RCN's position on domestic abuse. It defines domestic abuse and summarises the College's actions and commitments in this area.]

Freely available online

**Sexual violence and sexual harassment between children in schools and colleges.**
Department for Education (DfE); 2017.

[Advice for schools and colleges on how to prevent and respond to reports of sexual violence and harassment between children.]

Freely available online

**Smacking children linked to psychological problems in adulthood.**
NHS Choices - Behind The Headlines; 2017.
Researchers found people who said they'd been smacked as children were more likely to report having problems like symptoms of depression, drinking moderate or heavy amounts of alcohol, and taking drugs.

Freely available online

**Through Each Other's Eyes: An Evaluation of a Video Interaction Guidance Project delivered by health visitors and family support workers in a disadvantaged urban community.**

Mental Health Foundation (MHF); 2017.
[https://www.mentalhealth.org.uk/publications/through-each-others-eyes-evaluation](https://www.mentalhealth.org.uk/publications/through-each-others-eyes-evaluation)

[This document evaluates a programme which sought to promote infants’ social and emotional development using video interaction guidance (VIG) where parents observe and reflect on video recordings of their positive interactions with their child. Results from the preliminary evaluations show that VIG has benefits for parents, practitioners and managers within early years services.]

Freely available online

**Trauma and psychotic experiences: results from a transnational survey.**

The Mental Elf; 2017.

[A recent study carried out by the WHO World Mental Health Survey Collaborators investigates the association between traumatic events and subsequent psychotic experiences, for different types of trauma and the number of traumatic events.]

Freely available online
The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

**A commitment to making things better.**
Price-Dowd C. *British Journal of Nursing* 2018;27(1):62-63. [The article discusses the author's views about why commitment is fundamental for nurses, and it mentions a nurse's dedication to improving the experiences of patients, caregivers (carers), and others. Nurses' commitments to themselves are addressed, along with nursing practices and a commitment to the professional values of nursing. Nursing-related skills and the portrayal of nurses on social media are examined, as well as nurse-patient relations.]
*Available with an NHS OpenAthens password for eligible users*

**A good mentor will never make you feel like a burden.**
Stone R. *British Journal of Nursing* 2018;27(1):32-32. [The author, at the time of writing a final-year student at the University of East Anglia, reflects on the importance of an approachable, encouraging and sometimes challenging mentor for students on placement.]
*Available with an NHS OpenAthens password for eligible users*

**E-learning for health professionals.**
Vaona A. *Cochrane Database of Systematic Reviews* 2018;(1):CD011736. [When compared to traditional learning, e-learning may make
little or no difference in patient outcomes or health professionals' behaviours, skills or knowledge. Even if e-learning could be more successful than traditional learning in particular medical education settings, general claims of it as inherently more effective than traditional learning may be misleading.]

Freely available online

**Evaluation of a simulation clinic for improving occupational therapy students’ perceptions of interaction with parents and infants.**
[Occupational therapy education programmes need to graduate students who can confidently and safely deliver child and youth services. This study explores whether a simulation clinic could increase student perceived knowledge and confidence and decrease student anxiety to better prepare them for professional child and youth practice.]

Contact the library for a copy of this article

**Experiences of pressure to conform in postgraduate medical education**
Grendar J. *BMC Medical Education* 2018; doi.org/10.1186/s12909-017-1108-8.
[In this study Jan Grendar researchers asked 166 junior doctors about ‘pressure to conform.’ Most of the junior doctors (89.8%) reported pressure to conform at least sometimes in at least one educational or clinical setting and they reported higher rates of conformity during informal, rather than formal, teaching sessions. The pressure to conform was greater when juniors worked with senior doctors rather than when they worked with people at their own, or lower, levels.]

Freely available online

**How peer facilitation can help nursing students develop their skills.**
Davis E. *British Journal of Nursing* 2017;26(21):1187-1191. [NMC standards state that all registered nurses are responsible for the student learning experience. However, newly qualified nurses can feel under prepared to support preregistration student learning in the clinical area. This article discusses the implementation of a peer facilitation scheme for pre-registration nursing students in a higher education institution in London. The scheme trained second-year nursing students to be peer facilitators for first-year clinical skills sessions.]

*Available with an NHS OpenAthens password for eligible users*

**Implications for operationalising the new education standards for nursing.**
Leigh J. *British Journal of Nursing* 2017;26(21):1197-1199. [The article discusses pre-registration nursing education standards to be adopted by the BRitish Nursing and Midwifery Council (NMC) in 2018. Topics include the role of mentoring in nursing education, the need for partnerships between approved education institutions (AEIs) and healthcare organisations, and the supervision of nursing students during practice learning.]

*Available with an NHS OpenAthens password for eligible users*

**Managing medical emergencies in mental health settings using an interprofessional in-situ simulation training programme: A mixed methods evaluation study.**
Lavelle M. *Nurse Education Today* 2017;59:103-109. [This evaluation study from South London and Maudsley NHS Foundation Trust researchers found that interprofessional in situ training for medical deterioration yielded promising outcomes for individuals and teams. Simulation training is a holistic approach with potential for educational and clinical benefits while supporting workforce resilience.]

*Contact the library for a copy of this article*
Providing high-quality care at the end of life: the role of education and guidance.
Dobson J. British Journal of Nursing 2017;26(20):1116-1120.
[Those nearing the end of life deserve to be given optimum care, attention, compassion and consideration. The Liverpool Care Pathway was a tool originally devised to help health professionals provide high-quality end-of-life care to people in the final phase of life. This tool, used correctly, should provide the 'gold standard' of end-of-life care. However, a national review found that rather than a tick-box exercise, care of the dying should be centred around individualised care planning.]
Available with an NHS OpenAthens password for eligible users

Taking a comprehensive health history: learning through practice and reflection.
Ingram S. British Journal of Nursing 2017;26(18):1033-1037.
[Taking a comprehensive health history is a core competency of the advanced nursing role. The purpose of the health history is to source important and intimate knowledge about the patient and to establish a therapeutic relationship. Reflective practice, a core value of nursing in Ireland, means learning from experience. This article demonstrates how a recorded simulation, coupled with reflection, provided insight into an advanced nurse practitioner’s history-taking skills.]
Available with an NHS OpenAthens password for eligible users

The personal tutor as a role model for students: humanising nursing care.
[This article explores how nurse academics in one British university uphold and role model the humanising framework developed by Todres et al (2009). It gives a brief overview of nurse education in the UK and outlines the nature of the personal tutor role. It then offers an overview of the
humanising framework, its background and embodiment in the undergraduate nursing curriculum. It concludes with examples of how this encourages positive meaningful relationships between students and tutors.

Available with an NHS OpenAthens password for eligible users

**The predominant learning approaches of medical students.**
Chonkar S. *BMC Medical Education* 2018; doi.org/10.1186/s12909-018-1122-5.

[This study looked into the approaches used by 250 medical students and found that 40.3% used deep-learning, 50.8% used strategic learning and 8.8% used surface learning. Men were less likely to use a strategic-learning approach than women.]

Freely available online

**Using an electronic assessment system for nursing students on placements.**

[Electronic assessment is gaining popularity in clinically based elements of pre-registration nurse education. In this study, the authors explored student nurse and mentor experiences during transition from a paper to an electronic system. Students reported the fewest needs for additional support, while mentors expressed anxieties about system navigation and time required. The main barrier was lack of access to computers connected to the internet in the practice environment.]

Available with an NHS OpenAthens password for eligible users
Books

New book(s) from the Library and Knowledge Service. Call into your nearest library or contact me for more information.

**Nurse as educator: principles of teaching and learning for nursing practice.**  
[This book tackles the roles of nurses in patient teaching, health education and health promotion. This latest edition has been thoroughly revised and includes promotion of health literacy, teaching people with disabilities, the use of technology for patient and professional education, and legal and ethical issues. This edition also emphasises quality and safety in nursing, patient centred care, self-care, and the teach back approach to enhance motivation and compliance. ]  
Available with appropriate registration or membership

**Principles and practices of teaching and training: a guide for teachers and trainers in the FE and skills sectors.**  
Gravells A. SAGE Publications. 2017. Library Shelf Location: LC 250 GRA.  
[Written by bestselling author Ann Gravells, this is the complete go-to guide for anyone wanting to be (or working as) a teacher or trainer in the further education and skills sector. It has all the information you need to work towards a qualification such as the Award, Certificate or Diploma in Education and Training. It is also relevant to anyone taking a Train the Trainer course, or an international teaching qualification. ]  
Available with appropriate registration or membership
Events

You may be interested in this (these) forthcoming event(s):

**The power to change minds - drama-based training.**
[Good drama has the power to change hearts and minds. It can challenge perceptions, improve understanding and create recognition and empathy in a ‘safe’, positive learning environment. AFTA Thought create drama-based training – dealing with difficult subjects, sensitively and sensibly, to enable positive change in the workplace. Courses running at PRH on 19 March and RSCH on 28 March. Contact Janet.Marshall@bsuh.nhs.uk for further info and to book.]

Princess Royal Hospital
All day event on: 19th March, 2018
For more information, please contact Janet.Marshall@bsuh.nhs.uk.

Guidelines

The following new guidance has recently been published:

**Improving social mobility through education.**
Department for Education (DfE);2017.
[The government's national plan to support children and young people to reach their full potential and local opportunity area plans.]
Freely available online

Reports

The following report(s) may be of interest:
Developing People - Improving Care: one year on.
NHS Improvement; 2018.
https://improvement.nhs.uk/resources/developing-people-improving-care-one-year/
[One year on from the launch of the Developing People-Improving Care, we highlight how leaders across health and social care have implemented the framework.]
Freely available online

Finance and Procurement

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

Can we improve care and save money?
Foster S. British Journal of Nursing 2017;26(22):1267-1267. [The author response to comments from British Secretary of State for Health Jeremy Hunt on medical care costs. She discusses Hunt's views on the National Health Service, evaluating the quality of medical care at British health facilities, and collaboration between management and frontline staff at hospitals.]
Available with an NHS OpenAthens password for eligible users

Trust clinical negligence claims: the problem of escalating costs.
Tingle J. British Journal of Nursing 2017;26(18):1040-1041. [The article discusses various aspects of the British National
Audit Office's (NAO's) "Managing the Costs of Clinical Negligence Claims in Trusts" report from 2017, and it mentions wellness and freedom from disease, as well as an effort to reduce the level of clinical negligence litigation in Great Britain. Patients' deaths due to negligent mistakes by physicians and nurses are examined, along with legal claims involving diagnostic and treatment failures.]

Available with an NHS OpenAthens password for eligible users

Reports

The following report(s) may be of interest:

Accountable Care Organisations.
[This Commons Library briefing paper looks at the introduction of Accountable Care Organisations (ACOs) in the NHS in England, the development of the ACO policy, and comment on its potential impact.]
Freely available online

Brexit and the impact on patient access to medicines and medical technologies.
[This briefing explores how UK and EU citizens could be affected by the disruption in trade that could result from the UK's exit from the EU, as well as in the event of lack of cooperation in the regulation of medicines and devices between the EU and the UK post Brexit.]
Freely available online
NHS efficiency map.
[The HFMA and NHS Improvement have worked in partnership to update and revise the NHS efficiency map. The map is a tool that promotes best practice in identifying, delivering and monitoring cost improvement programmes (CIPs) in the NHS. The map contains links to a range of tools and guidance to help NHS bodies improve their efficiency.]
Freely available online

Sustainability and transformation in the NHS.
["The NHS has received extra funding, but this has mostly been used to cope with current pressures and has not provided the stable platform intended from which to transform services. Repeated short-term funding-boosts could turn into the new normal, when the public purse may be better served by a long-term funding settlement that provides a stable platform for sustained improvements"].
Freely available online

Leadership and Management

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.
Developing our future leaders: the role of a global mentoring programme.
[The article discusses the role that mentoring in nursing can play in the development of nurse leaders as of 2017, and it mentions the author's personal experiences as a mentor to a nursing professor in Australia as part of a pilot Global Leadership Mentorship programme. Nurses and nursing students are addressed, along with the Sigma Theta Tau International Inc. international nursing society. Cultural differences, language barriers, and nursing opportunities are assessed.]
Available with an NHS OpenAthens password for eligible users

Florence Nightingale Foundation: supporting excellent leadership.
[The article discusses the history and independence of the nursing and midwifery care-related Florence Nightingale Foundation (Foundation) in Great Britain as of 2017, and it mentions evidence-based nursing and fundraising for bespoke leadership programmes. According to the article, the Foundation provides research and travel scholarships to students in an effort to help improve patient care. A shortage of registered nurses in Great Britain is assessed.]
Available with an NHS OpenAthens password for eligible users

Leadership and Counseling Psychology: Dilemmas, Ambiguities, and Possibilities.
Shullman SL. *Counseling Psychologist* 2017;45(7):910 - 926.  
["The concept of counseling psychologists as learning leaders is derived from the foundations and values of the profession. Incorporating leadership as a core identity for counseling psychologists may create new directions for science and
practice as we increasingly integrate multicultural identities, training, and diverse personal backgrounds into social justice initiatives."\]
Available with an NHS OpenAthens password for eligible users

**Leadership and Counseling Psychology: What Should We Know’ Where Could We Go’**
Fassinger RE. *Counseling Psychologist* 2018;45(7):927 - 964. [In this article, we first summarize the most important theories, constructs, and processes in the body of knowledge regarding leadership. We also consider the applicability of this knowledge to the field of counseling psychology, particularly noting values and commitments that may position counseling psychologists for effective leadership. ]
Available with an NHS OpenAthens password for eligible users

**Leadership Development in Counseling Psychology: Voices of Leadership Academy Alumni.**
Hewitt AA. *Counseling Psychologist* 2017;45(7):992–1016. [In 2012, the Society of Counseling Psychology instituted the Leadership Academy (LA) to develop a pipeline of diverse leaders within the Society and the field of psychology. The present study aimed to: (a) better understand the retrospective perceived impact of the training on LA alumni, and (b) provide data about how LA alumni view their leadership development within the context of counseling psychology values.]
Available with an NHS OpenAthens password for eligible users

**Raising our voice: how nurses are changing the world.**
Kennedy A. *British Journal of Nursing* 2017;26(20):S5-S5. [The article discusses the 25th anniversary of the "British Journal of Nursing" in 2017 in relation to the societal impacts of nurses, and it mentions the author's experiences as the president of the International Council of Nurses organization]
and the former director of professional development at the Irish Nurses and Midwives Organisation. British health policy and the success of the United Nations' Millennium Development Goals are examined, along with nursing history.]

Available with an NHS OpenAthens password for eligible users

**Society of Counseling Psychology Leadership Academy: Cultivating Leadership Competence and Community**

Phillips JC. *Counseling Psychologist* 2017;45(7):965–991. [The Society of Counseling Psychology Leadership Academy is a year-long program designed to engage and develop student and early career psychologist leaders in counseling psychology. As a division of the American Psychological Association, the Society of Counseling Psychology is part of a nonprofit professional organization that seeks to recruit and retain members as well as to develop talent to meet future organizational leadership needs.]

Available with an NHS OpenAthens password for eligible users

**Events**

*You may be interested in this (these) forthcoming event(s):*

**Leadership in the NHS - and its Future.**

[Speakers: Ajit Abraham, Consultant HPB Surgeon, Deputy Chief Medical Officer, Barts Health Sarah Morgan, Team Lead Adult Speech and Language Therapy, RNOH Chair: Tim Gluck, Associate Director of Education, UCLPartners Ajit and Sarah will share their insights into leadership within the NHS, and discuss the challenges which future health leaders may face]  
London  
From: 28th February, 2018 5:30pm  
https://www.eventbrite.co.uk/e/masterclass-leadership-in-the-
Reports

The following report(s) may be of interest:

**Developing People - Improving Care: one year on.**
NHS Improvement; 2018.
https://improvement.nhs.uk/resources/developing-people-improving-care-one-year/
[One year on from the launch of the Developing People-Improving Care, we highlight how leaders across health and social care have implemented the framework.]
Freely available online

**Fatigue and sleep deprivation – the impact of different working patterns on doctors.**
British Medical Association (BMA); 2018.
[This briefing highlights why doctors are at risk of fatigue and the acute and long-term impacts this can have. It also presents a framework for how Government, organisations and doctors themselves can manage this risk.]
Freely available online

**Learning from the vanguards: Spreading and scaling up change.**
NHS Confederation; 2018.
[This briefing explores the ten key factors that the vanguards
have identified are crucial to encourage the spread of initiatives. The publication forms part of a series developed by the NHS Confederation, NHS Clinical Commissioners, NHS Providers and Local Government Association.

Freely available online

**Learning from the vanguards: Staff at the heart of new care models.**
NHS Confederation; 2018.

[This briefing looks at how the vanguards have broken down traditional organisational barriers across whole systems, how they have engaged staff in the programmes, communicated change and supported staff to work differently. The publication forms part of a series developed by the NHS Confederation, NHS Clinical Commissioners, NHS Providers and Local Government Association.]

Freely available online

**Using rotational posts.**
NHS Employers; 2018.

[This briefing explores how employers in the NHS can develop and implement rotational posts within the workforce, and the benefits of providing these types of roles. There’s also examples from NHS organisations and tips to help you get started with providing rotational posts in your organisation.]

Freely available online
Learning Disabilities

**Formal carers providing end-of-life care and bereavement support to people with intellectual disabilities have unmet learning needs.**
McLaughlin D. *Evidence-Based Nursing* 2018;21(1):19.
[Research studies evidence that staff in both intellectual disability and palliative care services lack confidence, knowledge and skills in addressing the end-of-life care support needs of people with intellectual disabilities. Lord et al sought to provide insights from the literature in relation to the experience of formal carers in supporting people with intellectual disabilities through these sensitive issues.]
*Available with an NHS OpenAthens password for eligible users*

**Lack of meaningful activity on acute physical hospital wards: Older people’s experiences.**
[Research suggests that older people on acute physical hospital wards are at increased risk of physical and mental health decline due to inactivity during their stay. Whilst studies have highlighted potential causes of such inactivity, there exists a paucity of occupational therapy research that explores engagement in meaningful occupation from patients’ perspectives in hospital settings.]
*Freely available online*

**Training Direct-Care Staff to Provide Communication Intervention to Adults With Intellectual Disability: A Systematic Review.**
[There is sufficient evidence to conclude that direct-care staff can be taught to provide effective communication intervention*
to adults with intellectual disability. Professionals involved in providing training and support to direct-care staff could expect positive outcomes from multicomponent training programs that include opportunities for practice and feedback.]

Available with an NHS OpenAthens password for eligible users

Books

New book(s) from the Library and Knowledge Service. Call into your nearest library or contact me for more information.

An introduction to psychodynamic counselling.
[Latest edition of this respected introduction to psychodynamic counselling. This new edition includes a new chapter on developing confidence in working with social difference and diversity, discussion of the different phases of counselling work and examination of the role of organisational settings in therapists' everyday practice. ]
Available with appropriate registration or membership

Cognitive psychology: a student's handbook.
Eysenck MW & Keane MT. 7th ed.. Psychology Press. 2015.
Library Shelf Location: WLM 400 EYS.
[A leading undergraduate textbook in the field, this book offers comprehensive coverage of all key areas of cognitive psychology. The book is designed to help students develop a thorough understanding of the fundamentals of cognitive psychology, providing them with detailed knowledge of the latest advances in the field. Includes extended coverage of cognitive neuroscience, additional content on computational cognitive science and new case studies.]
Available with appropriate registration or membership
Health promotion & wellbeing in people with mental health problems.
Bradshaw T & Mairs H. SAGE Publications. 2017. Library Shelf Location: WM 100.1 HEA.
[This practical guide for nursing students and other healthcare professionals helps them to promote and improve the health and well-being of those with mental health problems by looking closely at disparities that people with mental health problems face in relation to their physical health. ]
Available with appropriate registration or membership

In therapy together: family therapy as a dialogue.
Roper P. Palgrave Macmillan. 2017. Library Shelf Location: WM 432 ROB.
[Moving away from the medically focused problem-diagnosis-treatment model of psychotherapy, this new text conceptualises family therapy as a dialogue between living, breathing people. It emphasises the mutuality and relational context that serves as the backdrop of a therapeutic encounter which practitioners will need to navigate carefully. Contains case studies, examination of key theories and concepts including the different schools of narrative-oriented therapies. ]
Available with appropriate registration or membership

Managing therapy-interfering behavior: strategies from dialectical behavior therapy.
[What happens when clients – and practitioners – get in the way of the therapy process? Therapy-interfering behaviour is a common issue. It can be intentional or unintentional, strategic or automatic, calculated or absent-minded, and sometimes it may come from the practitioner, or be mutually acted out with the client. This highly approachable book presents strategies using dialectical behaviour therapy (DBT), and addresses a large variety of common therapeutic challenges.]
Available with appropriate registration or membership

**Promoting recovery in mental health nursing**
Trenoweth S. SAGE Publications. 2017. Library Shelf Location: WM 100.1 PRO.
[Promoting recovery from mental health problems is a guiding principle within modern mental health care. This book will answer all your questions about recovery in mental health nursing. It provides clear explanations and practical guidance that you can immediately bring into your work on placement. ]
Available with appropriate registration or membership

**Supporting the physical health needs of people with learning disabilities: a handbook for professionals, support staff and families.**
Hardy S. Pavilion. 2016. Library Shelf Location: WM 840 SUP.
[People with learning disabilities die younger than the general population and are two and half times more likely to have multiple health needs than other people. This handbook looks at the challenges of accessing healthcare and navigating care pathways. It also presents a practical guide to the most common conditions and health needs in chapters written by experts. Authors include clinicians from Oxleas NHS Foundation Trust.]
Available with appropriate registration or membership

**Guidelines**

*The following new guidance has recently been published:*

**Health checks for people with learning disabilities toolkit.**
[Annual Health Checks can identify undetected health conditions early, ensure the appropriateness of ongoing*
treatments and establish trust and continuity care. GPs and practice nurses have the much needed generalist skills to help people with LD get timely access to increasing complex health systems.]

Freely available online

Reports

The following report(s) may be of interest:

Through Each Other’s Eyes: An Evaluation of a Video Interaction Guidance Project delivered by health visitors and family support workers in a disadvantaged urban community.
Mental Health Foundation (MHF); 2017.
https://www.mentalhealth.org.uk/publications/through-each-others-eyes-evaluation

[This document evaluates a programme which sought to promote infants’ social and emotional development using video interaction guidance (VIG) where parents observe and reflect on video recordings of their positive interactions with their child. Results from the preliminary evaluations show that VIG has benefits for parents, practitioners and managers within early years services.]

Freely available online

Long Term Conditions

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or
call into your nearest library.

[Articles] Antipsychotic drugs for the acute treatment of patients with a first episode of schizophrenia: a systematic review with pairwise and network meta-analyses.
[The first episode of schizophrenia is a pivotal phase of this debilitating illness. Which drug to use remains controversial without a summary of all direct or indirect comparisons of drugs. We did a systematic review with pairwise and network meta-analyses of efficacy and tolerability.]
Available with an NHS OpenAthens password for eligible users

[Our results highlight the need to address the issue of higher prevalence of BBVs in people with severe mental illness and identify interventions preventing infection. Targeting of comorbid substance misuse would have particular effect on reduction of BBV prevalence in this population.]
Available with an NHS OpenAthens password for eligible users

A quality improvement project aimed at adapting primary care to ensure the delivery of evidence-based psychotherapy for adult anxiety.
[This project aimed to integrate an adaptation of Coordinated Anxiety Learning and Management (CALM), a CBT model, for patients with anxiety in a primary care practice. Suitable patients were offered CALM delivered by licensed social workers with support by a PhD psychologist. Outcomes were
tracked and entered into an electronic registry, a critical tool upon which to adapt and improve our delivery of psychotherapy to our patient population. Our 6-month response rates on the GAD-7 were 51%.

Freely available online

**A retrospective study of a multicomponent rehabilitation programme for community-dwelling persons with dementia and their caregivers.**
[This study determined whether the multicomponent rehabilitation programme of a memory clinic had positive outcomes on ameliorating everyday functioning, quality of life, mood and behavioural disturbances of persons with dementia and reducing distress and burden of caregivers.]

Freely available online

**A systematic review of school-based interventions that include inhaler technique education.**
[Evidence suggests that students benefit from school-based inhaler technique education; however, inconsistencies in how technique was measured limit our ability to draw firm conclusions regarding the effectiveness of inhaler technique education on student outcomes.]
Available with an NHS OpenAthens password

**Acid-Suppressive Drug Use During Pregnancy and the Risk of Childhood Asthma: A Meta-analysis.**
[The evidence suggests that prenatal, maternal, acid-suppressive drug use is associated with an increased risk of childhood asthma. This information may help clinicians and parents to use caution when deciding whether to take acid-suppressing drugs during pregnancy because of the risk of asthma in offspring.]
Antipsychotic reduction and/or cessation and antipsychotics as specific treatments for tardive dyskinesia.
[Limited data from small studies using antipsychotic reduction or specific antipsychotic drugs as treatments for TD did not provide any convincing evidence of the value of these approaches. There is a need for larger trials of a longer duration to fully investigate this area.]
Freely available online

Aripiprazole (intramuscular) for psychosis-induced aggression or agitation (rapid tranquillisation).
Ostinelli EG. Cochrane Database of Systematic Reviews 2018;(1):CD008074.
[The available evidence is of poor quality but there is some evidence aripiprazole is effective compared to placebo and haloperidol, but not when compared to olanzapine. However, considering that evidence comes from only three studies, caution is required in generalising these results to real-world practice. This review firmly highlights the need for more high-quality trials on intramuscular aripiprazole in the management of people with acute aggression or agitation.]
Freely available online

Associations Between Marijuana Use and Cardiovascular Risk Factors and Outcomes: A Systematic Review.
[Conclusion: Evidence examining the effect of marijuana on cardiovascular risk factors and outcomes, including stroke and myocardial infarction, is insufficient.]
Available with an NHS OpenAthens password for eligible users
Cholesterol and triglyceride levels in first-episode psychosis: systematic review and meta-analysis.
[Conclusions: total & LDL cholesterol levels are reduced in FEP, indicating that hypercholesterolaemia in patients with chronic disorder is secondary and potentially modifiable. In contrast, triglycerides are elevated in FEP. Hypertriglyceridaemia is a feature of type 2 diabetes mellitus, therefore this finding adds to the evidence for glucose dysregulation in this cohort. These findings support early intervention targeting nutrition, physical activity and appropriate antipsychotic prescription.]
Freely available online

COPD: a proposed multidisciplinary approach to psychological issues.
[Patients with COPD form a sizeable part of the ill-health demographic, impacting markedly on hospital admissions. While prevalence rates, there appears to be a consistent presence of depression and anxiety, and additional COPD symptom-related psychological distress. The research evidence base is limited. Based on the available evidence, this study proposes a multidisciplinary team working model to support the integration of psychological input into the care of inpatients with COPD.]
Available with an NHS OpenAthens password for eligible users

Cost-effectiveness Analyses of Antihypertensive Medicines: A Systematic Review.
[All antihypertensives were cost effective compared with no treatment. ARBs appeared to be more cost effective than CCBs, ACEIs, and β-blockers. However, these latter findings should be interpreted with caution because these findings are not robust due to the substantial variability across the studies, including study settings and analytic models, changes in the cost of generic medicines, and publication bias.]

Freely available online

Feasibility of a novel intervention to improve participation after stroke.
[Stroke is a leading cause of serious, long-term disability in the United States. With shorter inpatient hospital stays, more time in rehabilitation is devoted to medical stabilization and less on skills to regain independence in daily activities. The transition home may be an opportunity for intervention focused on regaining independence. We propose an enhanced rehabilitation transition program called Community Participation Transition after Stroke.]

Freely available online

Great leaps forward in cancer nursing.
[The article discusses various developments in cancer nursing as of 2017, and it mentions cancer diagnoses, nurse-patient relations, and changes involving palliative care over the years. The toxic aspects of cancer treatments are addressed, along with computed tomography (CT) scanners, anti-emetic treatments, and medications such as lorazepam and cyclizine. Person-centered care and the skills of cancer nurses are assessed.]

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Improving care for patients with dementia in the recovery room.
[Caring for patients with dementia emerging from general anaesthesia in the recovery room can be very challenging. Sedation is sometimes necessary in order to nurse patients effectively and avoid any negative consequences of poor post-anaesthetic care. No local or national guidelines could be found to suggest best nursing practice in this situation. Three small-scale innovations were introduced in one hospital as part of a quality improvement project to give alternatives to chemical restraint.]
Available with an NHS OpenAthens password for eligible users

Nutritional deficiencies and clinical correlates in first-episode psychosis: a systematic review and meta-analysis.
[Whereas, previous research has shown long-term schizophrenia is associated with various nutritional deficiencies, this meta-analysis aimed to determine the prevalence and extent of nutritional deficits in first-episode psychosis (FEP).]
Contact the library for a copy of this article

Physical exercise improves strength, balance, mobility, and endurance in people with cognitive impairment and dementia: a systematic review.
[Does physical exercise training improve physical function and quality of life in people with cognitive impairment and dementia? Which training protocols improve physical function and quality of life? How do cognitive impairment and other patient characteristics influence the outcomes of exercise training?]
The effectiveness and safety of manual therapy on pain and disability in older persons with chronic low back pain: a systematic review.
[The included studies provided moderate evidence supporting the use of manual therapy to reduce pain levels and alleviate disability.]

The effectiveness of adjunct mindfulness-based intervention in treatment of bipolar disorder: A systematic review and meta-analysis.
[This systematic review found promising results but a need for further research.]

The effectiveness of walking versus exercise on pain and function in chronic low back pain: a systematic review and meta-analysis of randomized trials.
[Walking is commonly recommended to relieve pain and improve function in chronic low back pain. The purpose of this study was to conduct a systematic review and meta-analysis of randomized controlled trials concerning the effectiveness of walking interventions compared to other physical exercise on pain, disability, quality of life and fear-avoidance, in chronic low back pain.]

Available with an NHS OpenAthens password for eligible users

Contact the library for a copy of this article
What does best evidence tell us about robotic gait rehabilitation in stroke patients: a systematic review and meta-analysis.
Bruni MF. Journal of Clinical Neuroscience 2018;48:11–17. [The evaluation of the results confirm that the use of robotics can positively affect the outcome of a gait rehabilitation in patients with stroke.]
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Management Resources

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

Automated telephone communication systems may have the potential to play a positive role in healthcare.
Eccles A. Evidence-Based Nursing 2018;21(1):23. [Automated telephone communication systems (ATCS) have the potential to play a positive role in healthcare, but practical matters should be considered before implementation. Further evidence is needed to counter the variable and often low-quality evidence available to date, which limits the extent to which ATCS can be safely implemented across populations.] Available with an NHS OpenAthens password for eligible users

Developing our future leaders: the role of a global
mentoring programme.
Rosser E. British Journal of Nursing 2017;26(18):1045-1045. [The article discusses the role that mentoring in nursing can play in the development of nurse leaders as of 2017, and it mentions the author's personal experiences as a mentor to a nursing professor in Australia as part of a pilot Global Leadership Mentorship programme. Nurses and nursing students are addressed, along with the Sigma Theta Tau International Inc. international nursing society. Cultural differences, language barriers, and nursing opportunities are assessed.]
Available with an NHS OpenAthens password for eligible users

Digital technologies supporting person-centered integrated care: a perspective.
["It is too technical for me – leave it to the experts" is a common and understandable response. Yet researchers and practitioners are able to, and have a responsibility to shape the systems to support the individualised person-centered and coordinated care we are trying to build. Not by asking permission to be involved, but by making it a requirement that systems are co-designed with users who are enabled to take part in the development...] Freely available online

Encouraging political participation among the next generation.
Rosser E. British Journal of Nursing 2017;26(22):1253-1253. [The author presents her thoughts on how to encourage political participation among nurses so they are more aware of policy decisions that affect the profession. She argues that nurses understand problems in the health service and have opinions on how to improve care while also possessing the communication and collaboration skills necessary to influence
Enhancing problem list documentation in electronic health records using two methods: the example of prior splenectomy.
[Background: Quality improvement professionals often choose between patient-specific interventions, like clinical decision support (CDS), and population-based interventions, like registries or care management. In this paper, we explore the synergy of these two strategies, targeting the problem of procedure documentation for patients with a history of splenectomy.]

Failure of falls risk screening tools to predict outcome: a prospective cohort study.
[Falls in older patients result in a large number of ED visits and make up a substantial portion of the clinical caseload of an Allied Health Care Coordination Team in an ED. Identification of falls risk factors in ED older patients may permit the effective utilisation of scarce preventative resources. This study compares the Falls Risk for Older Persons—Community Setting Screening Tool (FROP Com Screen) with the Two-Item Screening Tool in older adults presenting to the ED.]
[The article presents practical advice for nurses on how to approach the process of changing jobs, and it mentions how to build relationships with health care industry colleagues, how to empower teams to promote staff retention, and a nurse’s ability to leave his or her job on good terms. Job roles are addressed, along with the task of setting the pace for change in an employment situation. Leadership positions, Maslow’s hierarchy of needs theory, and career transition planning are assessed.]

Available with an NHS OpenAthens password for eligible users

**Implications for operationalising the new education standards for nursing.**
[The article discusses pre-registration nursing education standards to be adopted by the BRitish Nursing and Midwifery Council (NMC) in 2018. Topics include the role of mentoring in nursing education, the need for partnerships between approved education institutions (AEIs) and healthcare organisations, and the supervision of nursing students during practice learning.]

Available with an NHS OpenAthens password for eligible users

**Raising our voice: how nurses are changing the world.**
[The article discusses the 25th anniversary of the "British Journal of Nursing" in 2017 in relation to the societal impacts of nurses, and it mentions the author’s experiences as the president of the International Council of Nurses organization and the former director of professional development at the Irish Nurses and Midwives Organisation. British health policy and the success of the United Nations' Millennium Development Goals are examined, along with nursing history.]

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**Sick Note to Fit Note: one trusts project to improve usage by hospital clinicians**

[Patients being misdirected to their general practice for Fit Notes is an important issue and one on which the baseline level of awareness among hospital clinicians is low. Challenges during this intervention (which included direct staff engagement, a trust-wide promotional campaign and creation of an electronic version of the document) have been in penetrating a trust of this size and getting the message across to staff. However, digitising the Fit Note can help to increase its use.]

*Freely available online*

**Social media supremacy: a force of change paving the way for the next generation of healthcare and research.**
Stones S R. *Evidence-Based Nursing* 2018;21(1):2-3.

[With a generation of millennials who might seek initial medical advice from the internet, the healthcare community must embrace social media and its relevance to modern society. Considering over 40% of people are influenced by health-related material found on social media, the healthcare community, including patient organisations, must ensure that accessible, evidence-based information is freely available through social media to attenuate potentially misleading or inaccurate information.]

*Available with an NHS OpenAthens password for eligible users*

**Support the support workers.**

[The article discusses various aspects of the recruitment and retention of healthcare support workers (HCSWs) in Great Britain as of 2017, and it mentions elements such as location, wages, and opportunities for progression which encourage...*}
HCSWs to remain in their jobs. The Great Britain National Health Service (NHS) Employers organization's guide on staff retention is addressed, along with the claim that some in the nursing profession oppose the expansion of the support workforce.

Available with an NHS OpenAthens password for eligible users

The use of evidence-based guidance to enable reliable and accurate measurements of the home environment. Spiliotopoulou G. British Journal of Occupational Therapy 2018;81(1):32-41. [High quality guidance in home strategies is needed to enable older people to measure their home environment and become involved in the provision of assistive devices and to promote consistency among professionals. This study aims to investigate the reliability of such guidance and its ability to promote accuracy of results when measurements are taken by both older people and professionals.]

Freely available online

What makes a difference? [Comment] Douma M. British Journal of Nursing 2017;26(21):1150-1150. [The article discusses the significance of diversity among medical personnel in relation to racism, sexism, and cognitive diversification. Topics include the relation of cognition in people among minority groups to objectivity, research on the performance of organizations in relation to diversity, and the significance of diversity in nursing.]

Available with an NHS OpenAthens password for eligible users

Reports

The following report(s) may be of interest:
Developing People - Improving Care: one year on.
NHS Improvement; 2018.
https://improvement.nhs.uk/resources/developing-people-improving-care-one-year/
[One year on from the launch of the Developing People-Improving Care, we highlight how leaders across health and social care have implemented the framework.]
Freely available online

Falling short: Why the NHS is still struggling to make the most of new innovations.
Nuffield Trust; 2017.
[When asked by the Association of British Healthcare Industries to look at why the NHS has struggled to adopt new innovations for so long, Nuffield Trust found that fundamental issues remain unresolved and, in some cases, perhaps overlooked. ]
Freely available online

Learning from the vanguards: Staff at the heart of new care models.
NHS Confederation; 2018.
[This briefing looks at how the vanguards have broken down traditional organisational barriers across whole systems, how they have engaged staff in the programmes, communicated change and supported staff to work differently. The publication forms part of a series developed by the NHS Confederation, NHS Clinical Commissioners, NHS Providers and Local Government Association.]
Freely available online

The role of appointment systems and progress with high impact actions.
[The Strategy Unit conducted a rapid research project, commissioned by NHS England, looking at how different general practices' appointment booking, and other working arrangements drive variations in access. The research assessed the progress of the 10 High Impact Actions that form part of the 'Making Time in General Practice'.]

Freely available online

**Using rotational posts.**
NHS Employers; 2018.


[This briefing explores how employers in the NHS can develop and implement rotational posts within the workforce, and the benefits of providing these types of roles. There's also examples from NHS organisations and tips to help you get started with providing rotational posts in your organisation.]

Freely available online

Measuring Outcomes and Performances

Articles

*The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.*

An easy, prompt and reproducible methodology to
manage an unexpected increase of incident reports in surgery theatres.
[A hospital providing 30,000 surgeries a year experienced a rise in adverse events (AEs). After analysis of the AEs a programme was developed, applied and evaluated to improve the surgical patient’s safety. The programme focused on elements of the patient’s pathway (surgical site, time-out, medical records and sponges count). The AEs decreased (RR=0.7, 95% CI=0.6 to 0.9, p<0.05) and compliance to the correct procedures applied by ORs staff has improved during the year for all items.]
Available with free registration

Anticipation, teamwork and cognitive load: chasing efficiency during robot-assisted surgery.
[Conclusions: Anticipation and active engagement by the surgical team resulted in shorter operative time, and higher familiarity scores were associated with fewer inconveniences. Less anticipation and non-verbal requests were also associated with lower cognitive load for the console surgeon. Training efforts to increase anticipation and team familiarity can improve team efficiency during RAS.]
Available with an NHS OpenAthens password

Are Facebook user ratings associated with hospital cost, quality and patient satisfaction? A cross-sectional analysis of hospitals in New York State.
[Background: Hospital care costs are high while quality varies across hospitals. Patient satisfaction may be associated with better clinical quality, and social media ratings may offer another opportunity to measure patient satisfaction with care. ]
Available with an NHS OpenAthens password
Are the NHS national outcomes frameworks past their sell-by date? [Viewpoint]
[The National Health Service (NHS) outcomes frameworks for public health, health and adult social care in England were launched in 2010–2012 with ambitions that they would transform health outcomes in England. However, unprecedented financial pressures in the NHS are compelling changes in government policy designed to make the NHS financially sustainable while ensuring high-quality care for a population with a growing burden of chronic disease and multimorbidity...]
Available with an NHS OpenAthens password

Calculating the proportion of avoidable attendances at UK emergency departments: analysis of the Royal College of Emergency Medicine’s Sentinel Site Survey data.
[Avoidable attendances (AAs; defined as non-urgent, self-referred patients who could be managed more effectively and efficiently by other services) have been identified as a contributor to ED crowding. This pilot study used data from the Royal College of Emergency Medicine’s Sentinel Site Survey to estimate the proportion of AAs in 12 EDs across England on a standard day (20 March 2014).]
Available with an NHS OpenAthens password for eligible users

Elevated mortality among weekend hospital admissions is not associated with adoption of seven day clinical standards.
[Patients admitted to hospital in an emergency at weekends have been found to experience higher mortality rates than those admitted during the week. The National Health Service...]

(NHS) in England has introduced four priority clinical standards for emergency hospital care with the objective of reducing deaths associated with this ‘weekend effect’. This study aimed to determine whether adoption of these clinical standards is associated with the extent to which weekend mortality is elevated.]
Available with an NHS OpenAthens password for eligible users

**Improving the wait time to consultation at the emergency department.**
[We aimed to decrease the wait time to consultation (WTC) for patients at the Emergency Department. We created a common board detailing work output, matching manpower to patient arrivals and adopting a team-based model of care. The average 95th centile WTC decreased by 38 min to 124 min. The median WTC improved by 3 min to 21 min. The improvements occurred despite greater patient load of 4317 patients/month (baseline monthly average of 4053 patients) and appeared consistent and sustained.]
Freely available online

**Is quality important to our patients? The relationship between surgical outcomes and patient satisfaction.**
[Conclusions We found a significant association between patient satisfaction and both 30-day readmission and the occurrence of postoperative surgical complications. Given this association, further study is warranted to evaluate patient satisfaction as a healthcare quality indicator.]
Available with an NHS OpenAthens password for eligible users

**Report card on the Care Quality Commission.**
[The article discusses the work of the British government Care Quality Commission (CQC) in regulating the British National Health Service (NHS). Topics include a report by the agency National Audit Office (NAO), issues regarding British government regulation of healthcare, and the relation of the CQC to healthcare quality.]

Available with an NHS OpenAthens password for eligible users

The use of evidence-based guidance to enable reliable and accurate measurements of the home environment.

[High quality guidance in home strategies is needed to enable older people to measure their home environment and become involved in the provision of assistive devices and to promote consistency among professionals. This study aims to investigate the reliability of such guidance and its ability to promote accuracy of results when measurements are taken by both older people and professionals.]

Freely available online


[Discussion and conclusions: We have identified limitations in the uses of patient feedback by hospital boards that suggest that boards should review their current practice to ensure that they use the different kinds of patient feedback that are available to them more effectively to improve, monitor and assure the quality of care.]

Available with an NHS OpenAthens password

Value of small sample sizes in rapid-cycle quality improvement projects 2: assessing fidelity of implementation for improvement interventions.

[In this paper, our goal is to offer some general guidelines to measuring fidelity of implementation on small samples in the face of constrained measurement resources. Our target audience is healthcare improvers who have: Identified a local gap in care; Analysed the causes of this gap; Developed a change theory to address the gap; Created an initial change concept to be tested and refined locally.]

Available with an NHS OpenAthens password for eligible users

**Variations in mortality across the week following emergency admission to hospital: linked retrospective observational analyses of hospital episode data in England, 2004/5 to 2013/14.**

Han L. *Health Services and Delivery Research* 2017;5(30):https://doi.org/10.3310/hsdr05300.

[Mortality rates are higher during weekend and night-time admissions largely due to sicker patients selected for admission, and extending services for key specialties over critical periods is likely to be the most cost-effective approach.]

Freely available online

**Wisdom of patients: predicting the quality of care using aggregated patient feedback.**


[Objective: To determine whether the near real-time, automated collection and aggregation of multiple sources of patient feedback can provide a collective judgement that effectively identifies risks to the quality of care, and hence can be used to help prioritise inspections.]

Available with an NHS OpenAthens password

**Reports**
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**Developing People - Improving Care: one year on.**
NHS Improvement; 2018.
https://improvement.nhs.uk/resources/developing-people-improving-care-one-year/
[One year on from the launch of the Developing People-Improving Care, we highlight how leaders across health and social care have implemented the framework.]
*Freely available online*

**Euro Health Consumer Index 2017.**
[This annual report compares the performance of health systems across Europe. It finds that European health care is steadily improving with infant mortality and survival rates of heart disease, stroke and cancer all decreasing. It warns that too many countries are inefficiently funding and delivering care services and it highlights examples of best practice in different health systems.]
*Freely available online*

**NHS efficiency map.**
Healthcare Financial Management Association (HFMA); 2018.
[The HFMA and NHS Improvement have worked in partnership to update and revise the NHS efficiency map. The map is a tool that promotes best practice in identifying, delivering and monitoring cost improvement programmes (CIPs) in the NHS. The map contains links to a range of tools and guidance to help NHS bodies improve their efficiency.]
*Freely available online*

**Pressure points in the NHS (updated 30 January 2018).**
[Regular BMA analysis of the weekly, trust-level data (the winter situational reports) published by NHS England, to shed some light on the massive pressures being placed on an already over-burdened healthcare system. You can also see our analysis of the monthly A&E and waiting list data which gives a broader overview of the problems facing the NHS.]
Freely available online

[This briefing provides an overview of the GIRFT programme, a partnership between the NHS Royal National Orthopaedic Hospital Trust and NHS Improvement, to support NHS trusts to improve care quality and increase operational productivity by reducing unwarranted variation in care. The programme encompasses 35 clinical and medical specialties delivered in acute hospitals, with work underway to expand into mental health services.]
Freely available online

Patient Safety

Articles

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An easy, prompt and reproducible methodology to
manage an unexpected increase of incident reports in surgery theatres.
[A hospital providing 30,000 surgeries a year experienced a rise in adverse events (AEs). After analysis of the AEs a programme was developed, applied and evaluated to improve the surgical patient’s safety. The programme focused on elements of the patient’s pathway (surgical site, time-out, medical records and sponges count). The AEs decreased (RR=0.7, 95% CI=0.6 to 0.9, p<0.05) and compliance to the correct procedures applied by ORs staff has improved during the year for all items.]
*Available with free registration*

Can we improve care and save money?
Foster S. *British Journal of Nursing* 2017;26(22):1267-1267.
[The author response to comments from British Secretary of State for Health Jeremy Hunt on medical care costs. She discusses Hunt’s views on the National Health Service, evaluating the quality of medical care at British health facilities, and collaboration between management and frontline staff at hospitals.]
*Available with an NHS OpenAthens password for eligible users*

Elevated mortality among weekend hospital admissions is not associated with adoption of seven day clinical standards.
[Patients admitted to hospital in an emergency at weekends have been found to experience higher mortality rates than those admitted during the week. The National Health Service (NHS) in England has introduced four priority clinical standards for emergency hospital care with the objective of reducing deaths associated with this ‘weekend effect’. This
study aimed to determine whether adoption of these clinical standards is associated with the extent to which weekend mortality is elevated.]
Available with an NHS OpenAthens password for eligible users

Facilitating person-centred after-death care: unearthing assumptions, tradition and values through practice development.
[The aim of this article is to share how practice development was used to review and revise an after-death care policy. The process entailed an integration of a broad span of evidence and intentional challenge of 'habit-based' ways. Such an approach to policy revision is needed if practice leaders are to use evidence to help achieve transformative changes in practice.]
Freely available online

Failure of falls risk screening tools to predict outcome: a prospective cohort study.
[Falls in older patients result in a large number of ED visits and make up a substantial portion of the clinical caseload of an Allied Health Care Coordination Team in an ED. Identification of falls risk factors in ED older patients may permit the effective utilisation of scarce preventative resources. This study compares the Falls Risk for Older Persons—Community Setting Screening Tool (FROP Com Screen) with the Two-Item Screening Tool in older adults presenting to the ED.]
Available with an NHS OpenAthens password for eligible users

Impact of physician navigators on productivity indicators
in the ED.
Leung AK. *Emergency Medicine Journal* 2018;35(1):http://dx.doi.org/10.1136/emерmed-2017-206809. [This study looks at Physician Navigators being introduced into ED, with the aim of improving emergency physician (EP) productivity. It aims to quantify the effect of Physician Navigators on measures of EP productivity: patient seen per hour (Pt/hr), and turn-around time (TAT) to discharge. Secondary objectives include examining their impact on measures of ED throughput for non-resuscitative patients: ED length of stay (LOS), door-to-physician time and left-without-being-seen rates (LWBS).]
*Available with an NHS OpenAthens password for eligible users*

**Improving patient care and experience with vascular access devices.**
Hitchcock J. *British Journal of Nursing* 2017;26(19): S38-S38. [The article discusses an effort to improve patient care for individuals with central vascular access devices and peripheral venous cannulas (PVCs), and it mentions a survey conducted by the British Imperial College Healthcare NHS Trust organization's vascular access and epidemiology team. Patient with medical adhesive-related skin injuries are examined, along with central catheter-associated bloodstream infections (CABSIs) and electronic patient records.]
*Available with an NHS OpenAthens password for eligible users*

**Improving the Written Medical Handover.**
Martin R. *BMJ Quality Improvement Reports* 2018;7(1):doi.org/10.1136/bmjoq-2017-000278. [We identified that foundation doctors were reviewing medical inpatients during weekend on call periods with limited written handover information. We developed a weekend handover sticker. Use of the weekend handover form improved the written communication between weekday and weekend*
teams. The number of weekend plans documented in the notes increased from 15% to 84% and the provision of a patient summary within the last 7 days increased from 26% to 94%. ]
Freely available online

**Liability for unsafe care and treatment.**
Griffith R. *British Journal of Nursing* 2017;26(20):1136-1137. [The article discusses the first time that the British Care Quality Commission (CQC) used its authority to prosecute a health care provider that failed to meet the requirements of Great Britain's Health and Social Care Act 2008 (Regulated Activities) Regulations 2014, and it mentions liability of the unsafe care and treatment of patients. A guilty plea by a British National Health Service (NHS) foundation is examined, along with the safe management of medicines.]
Available with an NHS OpenAthens password for eligible users

**Patient safety at the crossroads.**
Tingle J. *British Journal of Nursing* 2017;26(20):1138-1139. [The article discusses what the author refers to as several of the clinical negligence and patient safety issues that are addressed in various reports from agencies such as the British National Audit Office (NAO) and Great Britain's Care Quality Commission. The monetary damages that have been paid to patients are addressed, along with patients' attitudes, preventable deaths, hospital safety concerns, and birth injury-related legal claims.]
Available with an NHS OpenAthens password for eligible users

**Safeguarding vulnerable adults.**
Foster S. *British Journal of Nursing* 2018;27(1):67-67. [The article discusses the author's views about the use of deprivation of liberty safeguards (DoLS) and the British Mental Capacity Act (MCA) to protect vulnerable adults, and it
mentions competent medical care from health and social care staff members. Human rights and dignity protections are addressed, along with wellbeing, Great Britain's Care Quality Commission, patient restraint practices, and the use of patient surveillance technology in health and social care settings.

Available with an NHS OpenAthens password for eligible users

**The role of the Health Service Safety Investigations Body.**
[The article discusses the draft legislative bill that is designed to create the British Health Service Safety Investigations Body (HSSIB), and it mentions the history of Great Britain's National Health Service (NHS) and the potential role of the HSSIB. According to the article, the HSSIB would replace the British Healthcare Safety Investigation Branch (HSIB) and would act independently of the NHS. Patients' safety laws and ethical rights are addressed.]
Available with an NHS OpenAthens password for eligible users

**The use of evidence-based guidance to enable reliable and accurate measurements of the home environment.**
[High quality guidance in home strategies is needed to enable older people to measure their home environment and become involved in the provision of assistive devices and to promote consistency among professionals. This study aims to investigate the reliability of such guidance and its ability to promote accuracy of results when measurements are taken by both older people and professionals.]
Freely available online

**Trust clinical negligence claims: the problem of escalating costs.**
[The article discusses various aspects of the British National Audit Office's (NAO's) "Managing the Costs of Clinical Negligence Claims in Trusts" report from 2017, and it mentions wellness and freedom from disease, as well as an effort to reduce the level of clinical negligence litigation in Great Britain. Patients' deaths due to negligent mistakes by physicians and nurses are examined, along with legal claims involving diagnostic and treatment failures.]

Available with an NHS OpenAthens password for eligible users

Guidelines

The following new guidance has recently been published:

Drug-name confusion: reminder to be vigilant for potential errors.
Medicines and Healthcare Products Regulatory Agency (MHRA); 2018.

[Drug Safety Update. Take particular care when prescribing or dispensing medicines that could be confused with others (ie, they sound-alike or look-alike).]
Freely available online

Never Events policy and framework.
NHS Improvement; 2018.
https://improvement.nhs.uk/resources/never-events-policy-and-framework/

[The revised Never Events policy and framework and updated Never Events list was published in January 2018, to become active upon initiation of the update to the 2017–2019 NHS Standard Contract on 1 February 2018.]
Freely available online
**Patient Safety Toolkit for General Practice.**

[The Patient Safety Toolkit plays an important role in preventing patients from being harmed. This toolkit allows your practice to look at different aspects of patient safety with a view to making improvements. It covers the following areas of general practice: safe systems, safety culture, communication, patient reported problems, diagnostic safety, prescribing safety. The toolkit can be used by any general practice in the UK.]

*Freely available online*

**Safeguarding Adults at Risk of Harm Toolkit.**

[The Safeguarding Adults at Risk of Harm toolkit provides infosheets, templates, and handy guides for all the primary care team. The toolkit assists good knowledge and use of relevant legislation when promoting good care for adults at risk of harm, or those lacking the capacity to make decisions for themselves. The toolkit can be used by any general practice in the UK.]

*Freely available online*

**Safeguarding Children Toolkit for General Practice.**

[The toolkit is a series of practical workbooks for GPs and the primary healthcare team to recognise when a child, under the age of 18, may be at risk of abuse. The toolkit is available for download in PDF format.]

*Freely available online*
Physiotherapy

Articles

*The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.*

**An overview of clinical guidelines for the management of vertebral compression fracture: a systematic review.** Parreira PCS. *The Spine Journal* 2017;17(12):1932-1938. [Four guidelines from three countries, published in the period 2010–2013, were included ... The use of plain radiography or dual-energy X-ray absorptiometry for diagnosis was recommended in two of the four guidelines. Vertebroplasty or kyphoplasty was recommended in three of the four guidelines. The recommendation for bed rest, trunk orthoses, electrical stimulation, and supervised or unsupervised exercise was inconsistent across the included guidelines.]

*Available with an NHS OpenAthens password for eligible users*

**Comprehensive geriatric assessment for older people admitted to a surgical service.** Eamer G. *Cochrane Database of Systematic Reviews* 2018;(1):CD012485. [There is evidence that CGA can improve outcomes in people with hip fracture. There are not enough studies to determine when CGA is most effective in relation to surgical intervention or if CGA is effective in surgical patients presenting with conditions other than hip fracture.]

*Freely available online*

**Developmental coordination disorder is more than a**
**Motor problem: Children describe the impact of daily struggles on their quality of life.**
[Affecting 5–6% of children, developmental coordination disorder is a neurodevelopmental disorder characterized by poor motor coordination and difficulty learning motor skills. Although quantitative studies have suggested that children with developmental coordination disorder experience reduced quality of life, no known qualitative studies have reported what daily life is like from their perspective...13 children (8–12 years) were asked to describe what life is like in their own words.]
*Freely available online*

**E-learning for health professionals.**
Vaona A. *Cochrane Database of Systematic Reviews* 2018;(1):CD011736.
[When compared to traditional learning, e-learning may make little or no difference in patient outcomes or health professionals' behaviours, skills or knowledge. Even if e-learning could be more successful than traditional learning in particular medical education settings, general claims of it as inherently more effective than traditional learning may be misleading.]
*Freely available online*

**Motor imagery training after stroke: a systematic review and meta-analysis of randomized controlled trials.**
[A number of studies have suggested that imagery training (motor imagery (MI)) has value for improving motor function in persons with neurologic conditions. We performed a systematic review and meta-analysis to assess the available literature related to efficacy of MI in the recovery of individuals after stroke.]

This study by authors from South London and Maudsley Trust and elsewhere provides a non-systematic best evidence synthesis of the available literature examining the efficacy of including physical activity in management of people with affective disorders in order to ameliorate risk of metabolic disease.

Contact the library for a copy of this article


People with PTSD have an increased risk of cardiovascular disease. Physical fitness is a key modifiable factor. This publication reviews the evidence base for physical fitness in the PTSD population and makes suggestions for future lines of research.

Contact the library for a copy of this article


14 studies of moderate to low quality met the inclusion criteria. Professional substitution with a physiotherapist causes no significant change to health outcomes and inconsistent variation in the use of healthcare resources. There is insufficient health economic data to determine overall efficiency. In the selected presentations studied, physiotherapists made similar diagnostic and management decisions to orthopaedic surgeons and patients are as, or
more satisfied with a physiotherapist.]
Available with an NHS OpenAthens password for eligible users

**Use of audit, feedback and education increased guideline implementation in a multidisciplinary stroke unit.**
[This study aimed to increase compliance with Australian guideline recommendations for stroke rehabilitation. Staff behaviour change interventions included four cycles of audit feedback, and education to assist staff with change. The primary outcome measure was the proportion of eligible patients receiving best practice. The intervention increased the proportion of inpatients with stroke receiving best practice rehabilitation in some, but not all practice areas. ]
*Freely available online*

**Books**

*New book(s) from the Library and Knowledge Service. Call into your nearest library or contact me for more information.*

**Overcoming functional neurological symptoms: a five areas approach.**
[This practical book uses the proven and trusted five areas model of CBT to help people experiencing a range of medically unexplained symptoms, including chronic headaches, fatigue, dizziness, loss of sensation, weakness and numbness. This workbook is particularly aimed at people experiencing these symptoms, but is also useful for healthcare professionals. ]
*Available with appropriate registration or membership*
Guidelines

The following new guidance has recently been published:

**Pressure Injury Prevention and Treatment Policy.**
Brighton and Sussex University Hospitals NHS Trust (BSUH); 2018.

[The aim of this policy is to ensure that the necessary risk assessments are completed to prevent avoidable pressure injuries developing whilst patients are under the care of BSUH and to ensure best practice by following national guidance, minimising the potential of inconsistency of care and standardising approaches to pressure injury prevention and management.]

*Only available via the Trust Intranet*

Pressure Ulcers

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

**A 100 patient clinical evaluation of an alternating pressure replacement mattress in a home-based setting.**
[This study examined the effect of using the Dual Professional
(IQ Medical) APAM (alternating pressure air mattress) for patients at a high risk of pressure ulceration. It also determined patient and family satisfaction, and the views of clinicians in relation to clinical outcomes. Additionally, infection prevention and control, servicing, maintenance and electrical biomechanical engineer input were considered.

Available with an NHS OpenAthens password for eligible users

**Electrical Stimulation for Pressure Injuries: A Health Technology Assessment.**
[This health technology assessment evaluates the effectiveness, cost-effectiveness, budget impact, and lived experience of adding electrical stimulation to standard wound care for pressure injuries.]

*Freely available online*

**Prevention and management of incontinence-associated dermatitis.**
[The article discusses various aspects of the prevention and treatment of incontinence-associated dermatitis (IAD), and it mentions the differences between IAD and pressure ulcers. According to the article, IAD is a form of moisture-related skin damage which includes inflammation and in some cases swelling and blister formation. IAD complications such as itching and discomfort are examined, along with the management of urinary and faecal incontinence.]

*Available with an NHS OpenAthens password for eligible users*

**Unavoidable pressure ulcers at the end of life and nurse understanding.**
Carlsson M. *British Journal of Nursing* 2017;26(20 Suppl.):S6-S17.
[The primary aim of this study was to identify and describe the different ways in which nurses understood unavoidable PUs in late palliative care. A second aim was to explore the expediency of the different levels of understanding. A qualitative interview study with a phenomenographic approach was carried out. The study concludes that it is paramount to communicate to nurses that not all PUs can be prevented in dying patients, to lessen the burden of ethical stress for the nurses.]

Available with an NHS OpenAthens password for eligible users

**Why is the heel particularly vulnerable to pressure ulcers?**


[In this article, the vulnerability of the soft tissues of the heel to pressure ulcers (injuries) is explained from a biomechanical engineering perspective, and emerging technologies for protecting the heel, particularly low-friction garments, are reviewed. There is growing evidence that low-friction-fabric garments may provide added benefits in preventing heel ulcers when used in addition to standard clinical and technology-supported pressure ulcer prevention strategies.]

Available with an NHS OpenAthens password for eligible users

**Guidelines**

*The following new guidance has recently been published:*

**Pressure Injury Prevention and Treatment Policy.**
Brighton and Sussex University Hospitals NHS Trust (BSUH);2018.

https://nww.bsuh.nhs.uk/clinical/clinical-policies-and-guidelines/clinical-and-medicines-management-
[The aim of this policy is to ensure that the necessary risk assessments are completed to prevent avoidable pressure injuries developing whilst patients are under the care of BSUH and to ensure best practice by following national guidance, minimising the potential of inconsistency of care and standardising approaches to pressure injury prevention and management.]

Only available via the Trust Intranet

**Reports**

*The following report(s) may be of interest:*

**Polyurethane Foam Dressings for the Prevention of Pressure Ulcers: Clinical and Cost-Effectiveness and Guidelines.**
Canadian Agency for Drugs and Technologies in Health (CADTH); 2017.
[The purpose of this report is to examine the clinical effectiveness, cost-effectiveness, and evidence-based guidelines regarding the preventive use of polyurethane foam dressings in adult patients at risk for developing pressure ulcers in any setting.]
*Freely available online*
Safeguarding

Safeguarding vulnerable adults.
[The article discusses the author's views about the use of deprivation of liberty safeguards (DoLS) and the British Mental Capacity Act (MCA) to protect vulnerable adults, and it mentions competent medical care from health and social care staff members. Human rights and dignity protections are addressed, along with wellbeing, Great Britain's Care Quality Commission, patient restraint practices, and the use of patient surveillance technology in health and social care settings.]
Available with an NHS OpenAthens password for eligible users

Books

New book(s) from the Library and Knowledge Service. Call into your nearest library or contact me for more information.

Managing therapy-interfering behavior : strategies from dialectical behavior therapy.
[What happens when clients – and practitioners – get in the way of the therapy process? Therapy-interfering behaviour is a common issue. It can be intentional or unintentional, strategic or automatic, calculated or absent-minded, and sometimes it may come from the practitioner, or be mutually acted out with the client. This highly approachable book presents strategies using dialectical behaviour therapy (DBT), and addresses a large variety of common therapeutic challenges.]
Available with appropriate registration or membership
Promoting recovery in mental health nursing
Trenoweth S. SAGE Publications. 2017. Library Shelf Location: WM 100.1 PRO.
[Promoting recovery from mental health problems is a guiding principle within modern mental health care. This book will answer all your questions about recovery in mental health nursing. It provides clear explanations and practical guidance that you can immediately bring into your work on placement.]
Available with appropriate registration or membership

Guidelines

The following new guidance has recently been published:

Palliative and End of Life Care Toolkit.
[Early identification of patients who are likely to die within the next 12 months enables well coordinated, pro-active quality care and allows healthcare professionals to focus on better meeting of patients’ needs. This toolkit provides a collection of tools, knowledge, and current guidance for healthcare professionals to support patients nearing the end of life to live well until they die. The resources include information for patients and those close to them.]
Freely available online

Safeguarding Adults at Risk of Harm Toolkit.
[The Safeguarding Adults at Risk of Harm toolkit provides infosheets, templates, and handy guides for all the primary.
care team. The toolkit assists good knowledge and use of relevant legislation when promoting good care for adults at risk of harm, or those lacking the capacity to make decisions for themselves. The toolkit can be used by any general practice in the UK.

Freely available online

**Safeguarding Children Toolkit for General Practice.**
RCGP Clinical Innovation and Research Centre (CIRC); 2017. 

[The toolkit is a series of practical workbooks for GPs and the primary healthcare team to recognise when a child, under the age of 18, may be at risk of abuse. The toolkit is available for download in PDF format.]

Freely available online

**Reports**

The following report(s) may be of interest:

**Making Safeguarding Personal: what might 'good' look like for health and social care commissioners and providers?**
Local Government Association (LGA); 2017. 

[This resource is part of a suite of resources to support safeguarding adults boards and partners to develop and promote Making Safeguarding Personal. These resources describe what ‘good’ might look like in Making Safeguarding Personal and promote ownership of this agenda within and across all organisations. Highlights Care Quality Commission five key questions: informing and supporting Making Safeguarding Personal for providers and commissioners]

Freely available online
NHS Digital; 2017.
https://digital.nhs.uk/catalogue/PUB30131
[This official statistics report provides the findings from the Mental Capacity Act 2005, Deprivation of Liberty Safeguards (DoLS) data collection for the period 1 April 2016 to 31 March 2017. There were 217,235 applications for DoLS received during 2016/17; an increase of 11 per cent on 2015/16.]
Freely available online

Safeguarding Adults Collection (SAC), Annual Report, England 2016-17.
NHS Digital; 2017.
https://digital.nhs.uk/catalogue/PUB30145
[This report presents information about adults at risk for whom safeguarding concerns or enquiries were opened during the reporting period 1 April 2016 to 31 March 2017, and case details for safeguarding enquiries which concluded during the reporting period.]
Freely available online

Websites

The following website(s) may be of interest:

Patient Safety Awards.
https://awards.patientsafetycongress.co.uk/
[Individuals and organisations that are proving successful at initiatives that are driving the quality, clinical efficiency, effectiveness and safety agendas. Deadline: 26th January 2018. ]
Freely available online
Service Design and Commissioning

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

Are the NHS national outcomes frameworks past their sell-by date?. [Viewpoint]
[The National Health Service (NHS) outcomes frameworks for public health, health and adult social care in England were launched in 2010–2012 with ambitions that they would transform health outcomes in England. However, unprecedented financial pressures in the NHS are compelling changes in government policy designed to make the NHS financially sustainable while ensuring high-quality care for a population with a growing burden of chronic disease and multimorbidity...]
Available with an NHS OpenAthens password

Calculating the proportion of avoidable attendances at UK emergency departments: analysis of the Royal College of Emergency Medicine’s Sentinel Site Survey data.
[Avoidable attendances (AAs; defined as non-urgent, self-referred patients who could be managed more effectively and efficiently by other services) have been identified as a contributor to ED crowding. This pilot study used data from the Royal College of Emergency Medicine’s Sentinel Site Survey to estimate the proportion of AAs in 12 EDs across England]
Early prediction of hospital admission for emergency department patients: a comparison between patients younger or older than 70 years.


[Patients presenting to the ED are at risk for hospital admission, functional decline and mortality, with older patients having even higher risks. The aim of this study was to develop models that predict hospital admission to ED of patients younger and older than 70 and compare their performance. ]

Available with an NHS OpenAthens password for eligible users

Improving Hospital at Home for frail older people: insights from a quality improvement project to achieve change across regional health and social care sectors.

Pearson M. *BMC Health Services Research* 2017;:387.

[Conclusion: PDSA cycles enabled stakeholders across acute and community services to be involved, promoted a process of collaborative inquiry and ownership of findings, and improved motivation to act on results and produce change. Practitioners and managers seeking to improve the delivery of complex, cross-cutting services in other areas can learn from the experience of applying Quality Improvement methods reported here.]

Freely available online

London Transfer Project: improving handover documentation from long-term care homes to hospital emergency departments.


[London Health Sciences Centre, Ontario, partnered with 10
homes to improve emergency reporting of their residents' reason for transfer and baseline cognition. 7 of 10 homes implemented a standard minimum set of currently available transfer forms. The documentation rate of 'reason for transfer' improved from 61% to 84%, and 'baseline cognitive status' improved from 4% to 56% across all 10 homes. These results suggest that transfer communication can be improved by codesigning.

Freely available online

**Rapid response: a multiprofessional approach to hospital at home.**

['Hospital at home’ is not new to the 21st century but pressure from the reduction in the number of hospital beds, population growth, an ageing population and long-term conditions means such services are increasingly necessary. However, existing services do not operate 24 hours a day or provide a single multiprofessional approach. Gloucestershire’s rapid response (RR) service provides specialist, coordinated and comprehensive assessment and treatment 24 hours a day in the patient’s home .]

Available with an NHS OpenAthens password for eligible users

**Guidelines**

The following new guidance has recently been published:

**Collaborative Care and Support Planning Toolkit.**
RCGP Clinical Innovation and Research Centre (CIRC);2017. 

[Collaborative care and support planning (CCSP) offers a framework, which recommends a proactive holistic, flexible,
and tailored approach to care, and recognises the individual as an expert in their own care. This toolkit provides a collection of relevant tools and information to assist members of the primary care team to implement the six-step model of collaborative care and support planning.

*Freely available online*

**Refreshing NHS Plans for 2018/19.**
[Joint NHS England/NHS Improvement guidance setting out the expectations for commissioners and providers in updating their operational plans for 2018/19.]

*Freely available online*

**Reports**

*The following report(s) may be of interest:*

**Reimagining community services: making the most of our assets.**
The King’s Fund; 2018.
https://www.kingsfund.org.uk/publications/community-services-assets
[This report differs from some previous analyses of community services by adopting a broad definition of their scope. The King’s fund include services commissioned by the NHS and local authorities as well as related services delivered by the third sector, the private sector, carers and families. Taken together, these services comprise a wide range of assets and there are many opportunities to use them more effectively to meet the population’s needs.]

*Freely available online*

**Accountable Care Organisations.**
Accountable care systems: what are they and what do they mean for the NHS.
British Medical Association (BMA); 2018.

Several areas around England have expressed their intention to form either ACSs (accountable care systems) or ACOs (accountable care organisations). This briefing provides a short explanation of what these both are, how they vary from each other and what they could mean for the NHS. While the BMA believes that integration and greater collaboration is needed, we have particular concerns regarding ACOs.

Growing innovative models of health, care and support for adults.
Social Care Institute for Excellence (SCIE); 2018.
https://www.scie.org.uk/future-of-care/adults/recommendations

Recommendations include: •...learn from others, to adopt, adapt and scale person- and community-centred approaches...(e.g. people powered results, asset-based areas and co-production)... •Ensure that all commissioning strategies, plans and specifications are co-produced with people who use services and citizens, •Ensure that evidence generation is embedded within implementation...•Pay providers on the basis that they improve resilience,
independence, self-care and social connections.]

Freely available online

**Health Foundation response to Health Select Committee inquiry on nursing workforce.**
The Health Foundation; 2018.
"We submitted written evidence to the Health Select Committee to inform on what is a key area of interest and expertise for the Health Foundation. In our response, we outline the shortage in NHS nurse numbers and review the government's move away from a bursary system to the standard student loan system, reflecting on the long running cap on the number of available nurse training places."

Freely available online

**High impact change model: Managing transfers of care between hospital and home.**
The Local Government Association (LGA); 2017.
[This model was developed by strategic system partners including the Local Government Association (LGA), the Association of Directors of Adult Social Services (ADASS), NHS England, the Department of Health (DH), the Emergency Care Improvement Programme (ECIP), Monitor and the Trust Development Authority (now NHSi) during 2015.]

Freely available online

**Learning from the vanguards: Supporting people and communities to stay well.**
NHS Confederation; 2018.
[This briefing explores how the vanguards have sought to design health and care services around the needs of people
who use them, focusing on the outcomes that matter to people and tailoring care to their needs and goals. The publication forms part of a series developed by the NHS Confederation, NHS Clinical Commissioners, NHS Providers and Local Government Association.

Freely available online

**STPs and accountable care background briefing.**
NHS Providers; 2018.

[As part of our new programme on sustainability and transformation partnerships (STPs) and accountable care, this briefing brings together an overview of how national policy has evolved to promote system-based collaboration, including the development of STPs, accountable care systems (ACSs) and accountable care organisations (ACOs).]

Freely available online

**The Getting it right first time (GIRFT) programme.**
NHS Providers; 2018.
http://nhsproviders.org/resource-library/briefings/getting-it-right-first-time-programme

[This briefing provides an overview of the GIRFT programme, a partnership between the NHS Royal National Orthopaedic Hospital Trust and NHS Improvement, to support NHS trusts to improve care quality and increase operational productivity by reducing unwarranted variation in care. The programme encompasses 35 clinical and medical specialties delivered in acute hospitals, with work underway to expand into mental health services.]

Freely available online

**The impact of redesigning urgent and emergency care in Northumberland: Briefing**
The Health Foundation; 2017.
http://www.health.org.uk/publication/impact-redesigning-
urgent-emergency-care-northumberland
[The Health Foundation has considered findings from analysis into the early impact of changes to urgent and emergency care services in Northumberland following the opening of the country’s first bespoke emergency hospital in 2015 – the Northumbria Specialist Emergency Care Hospital in Cramlington.]
Freely available online

The role of appointment systems and progress with high impact actions.
Midlands and Lancashire Commissioning Support Unit (MLCSU); 2017.
https://www.strategyunitwm.nhs.uk/sites/default/files/2018-01/171113-GPAcc-WebsiteReportSlideSet-AM-0.2_0.pdf
[The Strategy Unit conducted a rapid research project, commissioned by NHS England, looking at how different general practices' appointment booking, and other working arrangements drive variations in access. The research assessed the progress of the 10 High Impact Actions that form part of the 'Making Time in General Practice'. ]
Freely available online

Websites

The following website(s) may be of interest:

NHS England - Improvement Knowledge Hub.
https://www.england.nhs.uk/improvement-hub/
[The hub is managed by NHS England’s Sustainable Improvement Team. It brings together a wealth of knowledge, guidance, methodology and toolkits produced (prior to November 2016) by a succession of NHS organisations specialising in service improvement. ]
Freely available online