Nurse-managed transitional beds as a method of increasing geographic placement of an academic inpatient service.


[Team-based care can be challenging when the patients of a consultant are scattered across various hospital units. We used transition beds—beds dedicated for patients moving onto or out of the unit in order to make it easier to control patient flow. We saw an immediate increase in our average census from ~8 to ~15 patients as well as a major shift of the median admission time to 3.5 hours earlier in the day. Unfortunately, it was an added burden to our already stressed charge nurses.]

Freely available online
The impact of seven-day working for patients and staff in an acute physical older adults unit: A service evaluation.
[Statement of context The occupational therapy service within an acute unit for complex older patients began operating over seven days, in response to the government strategy for the National Health Service to improve patient outcomes. This evaluation shares findings on patient outcomes in the acute unit and a qualitative review of staff perspectives of the changes. ]
Freely available online

An introduction to psychodynamic counselling.
[Latest edition of this respected introduction to psychodynamic counselling. This new edition includes a new chapter on developing confidence in working with social difference and diversity, discussion of the different phases of counselling work and examination of the role of organisational settings in therapists’ everyday practice. ]
Available with appropriate registration or membership

Cognitive psychology: a student’s handbook.
Eysenck MW & Keane MT. 7th ed.. Psychology Press. 2015. Library Shelf Location: WLM 400 EYS.
[A leading undergraduate textbook in the field, this book offers comprehensive coverage of all key areas of cognitive psychology. The book is designed to help students develop a thorough understanding of the fundamentals of cognitive psychology, providing them with detailed knowledge of the latest advances in the field. Includes extended coverage of cognitive neuroscience, additional content on computational cognitive science and new case studies.]
Available with appropriate registration or membership
Health promotion & wellbeing in people with mental health problems.
Bradshaw T & Mairs H. SAGE Publications. 2017. Library Shelf Location: WM 100.1 HEA.
[This practical guide for nursing students and other healthcare professionals helps them to promote and improve the health and well-being of those with mental health problems by looking closely at disparities that people with mental health problems face in relation to their physical health. ]
Available with appropriate registration or membership

In therapy together: family therapy as a dialogue.
Roper P. Palgrave Macmillan. 2017. Library Shelf Location: WM 432 ROB.
[Moving away from the medically focused problem-diagnosis-treatment model of psychotherapy, this new text conceptualises family therapy as a dialogue between living, breathing people. It emphasises the mutuality and relational context that serves as the backdrop of a therapeutic encounter which practitioners will need to navigate carefully. Contains case studies, examination of key theories and concepts including the different schools of narrative-oriented therapies. ]
Available with appropriate registration or membership

Achieving Hospital-wide Patient Flow.
Institute for Healthcare Improvement; 2017.
http://www.ihi.org/resources/Pages/IHIWhitePapers/Achieving-Hospital-wide-Patient-Flow.aspx
[IHI White Paper. The culmination of approximately two decades of IHI’s research, innovation, and learning about hospital-wide patient flow, this white paper guides leaders and quality improvement teams through an in-depth examination of a systems view of patient flow, theories for improvement, and high-leverage strategies and interventions to achieve hospital-wide patient flow.]
Freely available online
**Homerton QTc Newsletter—Quality Teaching over coffee**

Homerton; 2017.


(This month we get an introduction to the members of the Quality and Risk Team and there is an update on where we are at with regards to incident reporting. We cover some recent warnings that have been highlighted and what to do if you are faced by a corrosive attack (acid attack). Also this month we continue the ‘Risk Alert’—an area that poses as a potential risk to all of us, no matter where we work.)

*Freely available online*